



## **AFTER YOUR CHILD'S SEDATION**

Today your child had dental treatment under conscious sedation.

He/she received the following medicine(s) for sedation

**TRIAZOLAM (HALCION)**  
**MIDAZOLAM (VERSED)**  
**MEPERIDINE (DEMEROL)**  
**OTHER:**

Children respond to sedation in their own way, but the following guidelines will help you know what to expect at home.

### **GOING HOME FROM THE DENTAL CLINIC:**

1. Your child will not be able to walk well, so we suggest that you carry or assist your child getting in and out of the car.
2. Children (ages 3 or 4 or 40 inches tall) must be restrained in a car safety seat. Follow Massachusetts state law regarding car safety seat use.

### **ACTIVITY:**

1. Your child may take a long nap. He/she may sleep for 3 to 8 hours and may be drowsy and irritable for up to 24 hours after sedation. When your child is asleep, you should be able to awaken him/her easily.
2. Your child may be unsteady when walking or crawling and will need support to protect him/her from injury. An ADULT must be with the child at all times until the child has returned to his/her usual state of alertness and coordination.
3. Your child should not perform any potentially dangerous activities, such as riding a bike, playing outside, handling sharp objects, working with tools, or climbing stairs until they are back to their usual alertness and coordination for at least one hour.

### **EATING AND DRINKING INSTRUCTIONS:**

Begin by giving clear liquids such as clear juices, water, jello, popsicles, or broth. If your child does not vomit after 30 minutes, you may continue with solid foods.

### **IF YOUR CHILD IS VOMITING AFTER SEDATION OR UNABLE TO EAT AND DRINK:**

Please contact our office at 617-389-2112. After hours: 508-527-1830 for the doctor on call.

### **REASON TO CALL THE DOCTOR:**

1. You are unable to arouse your child.
2. Your child is unable to eat or drink.
3. Excessive vomiting or pain
4. Your child develops a rash
5. If you have other emergent concerns