



BEFORE YOUR CHILD'S SEDATION

Your doctor has recommended sedation for your child to promote cooperation and relaxation during dental treatment. Please follow these guidelines prior to your scheduled visit.

FOOD

1. No milk or solid foods 6 hours before the appointment.
2. Clear liquids such as water, clear juices, Jello, popsicles, or broth may be given up to three hours before the appointment. You can read the newspaper through a clear liquid.
3. Let everyone in the home know the above information, as siblings or other living in the home often unknowingly feed the child.

ACTIVITY

1. Plan the child's sleep and awakening times to encourage the usual amount of sleep the day before the sedation appointment.
2. Allow your child to use the restroom before the sedation.
3. The legal guardian must accompany the child to the sedation appointment.

REASONS TO CALL THE DOCTOR PRIOR TO THE SEDATION APPOINTMENT

1. Your child is sick
2. Your child has a runny nose or cough
3. You have further questions